

# Camp Men-O-Lan – RESIDENT CAMP

## WHAT TO WEAR:

Comfortable Clothes\*  
Closed Toe Shoes  
Sweater/Jacket (if needed)  
Rain Gear (if needed)

## WHAT TO BRING:

Bible\*\*  
Modest Swimsuit  
Towels  
Sleeping Bag/Bedding  
Pillow  
Toiletries

Laundry Bag  
Sunscreen  
Insect Repellant  
Notebook  
Pen/Pencil  
Flashlight

Water Bottle

## Optional:

Mini Fan  
Fishing Pole  
Snacks (peanut free)

\*Plan for one fancy dress-up dinner and one clash & goofy night.

\*\*We are happy to give out Bibles to those who do not yet own one!

**PLEASE LABEL ALL BELONGINGS** including luggage, sleeping bags, pillows, fans, etc. with camper's first and last name.

## DRESS CODE:

We ask that campers observe a modest dress code at all times. Because of camp activities, we recommend clothes that you don't mind getting dirty. Campers must wear modest one-piece swimming suits (tankinis, where there are no gaps between the top and bottom are acceptable). Shorts and pants should be suitable for recreation (i.e. running, climbing, sitting comfortably on the ground). They should not be overly tight (i.e. leggings) or short (rule of thumb: the bottom of shorts' hem should meet finger tips with arms held straight at sides). Shirts should be suitable for recreation and not be revealing or too tight. Spaghetti strap tank tops, shirts that bare the midriff and/or show cleavage are NOT permitted. Clothing with wording or images contrary to Christian principles, or wording of any kind across the back of shorts/pants may not be worn. Campers will be asked to change if any attire is questionable.

Closed toed shoes: we ask that campers wear closed toes shoes during the camp day. This is for safety during games and various activities on our wooded terrains. Adventure course activities can only be used when wearing closed toed shoes. Flip-flops or sandals are allowed during pool time and water games. Please bring at least one pair.

Fancy Dinner: campers and staff have the opportunity to dress up for dinner on Friday. Anything tasteful that is in line with the guidelines above is acceptable. Guys often wear suits, girls like to wear prom-style dresses.

Clash and Goofy Night: campers and staff dress up the goofiest way possible. Creative silliness is key. We have seen everything from special costumes to clashing attire.

*Special outfits for these nights are not mandatory, but a lot of fun!*

## CONDUCT:

All campers are expected to act in ways appropriate to a Christian camp. Campers are responsible to respect one another and the staff, and to protect and respect the environment and the Camp facilities. This includes keeping the grounds litter-free and graffiti-free. Any and all property damage will be charged to the offending parties and their families. While all disciplinary action will be taken to attempt resolution on site, the Program Director and the Executive Director reserve the right to dismiss campers for major violation of camp rules. Parents are responsible for arranging and covering the costs for their child's early departure.

## PLEASE LEAVE AT HOME:

Cell phones, CD/DVD players, iPod/MP3 players, radios, video games, computers or tablets. These objects will be confiscated for the week if discovered in a camper's possession.

*Tobacco, lighters, alcohol, drugs, knives, guns (toy or real) or weapons of any kind are not permitted on our camp grounds.*

**CABIN MATE REQUESTS:** Individual campers can request two cabin mates, but requests need to be mutual. This means if your child requests two friends, but those two campers don't request your child, your child's request may not be granted. The largest friend group we place in the same cabin would consist of three campers. If you have a group larger than three, we will sort them into smaller groups between multiple cabins.

**NEW FOR 2018:** *With the addition of extended grades/ages for several weeks of camp, it is important to note that children will not be put in cabins with others more than two grades away from their grade. In other words, 4<sup>th</sup> graders can request, in addition to children in their same grade, cabin mates in grade 5<sup>th</sup> – 6<sup>th</sup>; 5<sup>th</sup> graders can request cabin mates in grades 4<sup>th</sup>-6<sup>th</sup> or they can choose 5<sup>th</sup>-7<sup>th</sup> (but not both), etc. Please keep this in mind when selecting cabin mate choices.*

**VISITATION POLICY:**

To ensure maximum safety and security for our campers and staff, we do not permit visitors during the camp week. Family members are welcome to join us for Closing Circle at 7:00 p.m. on Friday (or Wednesday for Mini Week). In the event of a family emergency, please contact the Camp Office at 215-679-5144. You may stop by the Camp Office during regular office hours (Monday – Friday, 8:00 a.m. – 5:00 p.m.) to drop off forgotten items.

**STAYING IN TOUCH:**

We encourage you to send your camper mail at: 1415 Doerr Rd. Quakertown PA 18951, or email at camper.menolan@gmail.com. Please indicate camper's name & cabin on envelope or in the email's subject line. You can follow your camper's week at Camp on our Facebook page, we regularly post photos and camp news.

**SPECIAL DIET:**

Please contact us, in advance of your arrival, if your child has special dietary needs or restrictions (ie: gluten free; vegetarian, food allergies, etc). We will do our best to cooperate with you in making your camper's stay safe and enjoyable.

**PEANUT FREE:**

For the safety of those campers with severe peanut allergies, Men-O-Lan is a 'peanut free' facility. Therefore, no products containing peanuts should be brought or sent to Camp, i.e. peanut butter sandwiches, candy, granola bars, etc.

**LOST AND FOUND:**

Every lost item that is not labeled with the camper's name will be collected and put on display during pick up time. Please swing by and claim your child's missing belongings. Lost and found clothes, towels and other useable objects will be held until the end of the camp season, then they will be donated. Camp Men-O-Lan is not responsible for any lost, damaged or stolen items.

**PHOTOS AND VIDEOS:**

Camp Men-O-Lan has designated staff members who take pictures and videos throughout the summer. These may be used for marketing and promotion purposes. Campers may appear, but will not be named, in photos, on social media or in videos unless written permission is obtained from parent/guardian.

**CAMP STORE:**

We offer various camp souvenirs at affordable prices. Funds may be put account for your camper during the registration process for use during the Camp week. The store is open periodically during the Camp week where purchases must be made with funds on account. Funds may also be put on account during registration on Sunday. The Camp Store is also open on Sunday afternoons during check in and Friday evenings during check out and items may be purchased with cash at that time. Take a piece of Camp home with you!

# RESIDENT CAMP PROCEDURES

## Camper Check-In

**REGISTRATION IS HELD SUNDAY FROM 3:30 – 3:50 P.M. in the Auditorium.** If you know that you will arrive after 4:00 p.m., please contact the Camp Office one week prior to your arrival date. For the safety of our campers the front gate will be closed immediately following the regular check in time.

**WHEN YOU ARRIVE**, please go through registration **before** you head to the cabin area.

**LUGGAGE DROP-OFF:** A luggage drop-off area will be clearly marked and our staff will deliver your camper's belongings to their cabin area.

**MEDICATIONS:** Please bring any prescription or over the counter medications in its ORIGINAL CONTAINER. All medications must be given to the Camp Nurse. All medications MUST be listed on the campers registration form.

## Camper Check-Out

**CAMPER CHECK-OUT is immediately after Closing Circle on Friday (Wednesday for Mini Week).** Families are invited to come and watch our Closing Circle ceremony on Friday at 7 p.m. Each camper must be signed out on his or her counselor's sign out sheet by an AUTHORIZED PICK-UP PERSON. No camper will be released to someone not listed on the authorized pick-up list. **MAKE SURE TO INCLUDE PARENT'S NAME AS AUTHORIZED PICK-UP.**

**PLEASE MAKE SURE TO PICK UP ANY MEDICATIONS FROM THE NURSE.**

**Closing Circle is at 7 p.m. on Friday (Wednesday for Mini Week).** The front gate will open at 6:45 p.m. Please do not proceed down into Camp before that time.

### QUESTIONS OR CONCERNS:

Please call at 215-679-5144 or stop by the Camp Office during regular business hours, Monday-Friday, 8:00 a.m. – 5:00 p.m. You can also email us at [summercamp.menolan@gmail.com](mailto:summercamp.menolan@gmail.com).